

WEEKLY PLAN SHEET

Week of: _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5AM							
6AM							
7AM							
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							
10PM							

Top Goals:

GOD 1ST
FAMILY 2ND
CAREER 3RD

With Wendy Coffey

WEEKLY IPA'S

Week of: _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hold a Party (online/in-person)							
2 One-on-One Sessions (online/in-person)							
2 New Bookings (Facial/Party/Interview)							
$100 Customer Service Sales (Reorders/Website Orders)							
1 Interview w/Sales Director							
1 Guest at a Guest Event (online/in-person)							
5 New Leads (Warm Chat/Lead Box)							
Make 10 Booking Calls							
1 New Team Member							
Total IPAs for the Day							

TOTAL IPA'S FOR THIS WEEK: _____

5 IPA's/Week = Part Time Consultant

10 IPA's/Week = Full Time

15 IPA's/Week = Leadership





Consultant DAILY WORKSHEET

Day/Date: _____

Today's Bible Verse/Inspiration

_____

_____

_____

_____

_____

6 Most Important Things to Do - MK

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

6 Most Important Things to Do - Other

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Family/Personal Meal Plan

B: _____

L: _____

D: _____

B.A.T.H.E. Daily Mental Bath

- ☐ Booking (2 New Bookings/10 Attempts)
- ☐ Affirmations
- ☐ Training via Video/Call/Podcast
- ☐ Hook up with Director
- ☐ Enthusiasm attracts others to you

scrub-a-dub-dub

Let self-doubt go down the drain! And don't forget to wash behind your fears!
-Jamie Lee Logan



Notes

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Today's Schedule

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GOD 1ST
FAMILY 2ND
CAREER 3RD

With Wendy Coffey, inspired by Tammy Crayk

10 Booking Attempts

Name: _____ Phone #: _____

Notes: _____

Name: _____ Phone #: _____

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5 Team Building Appointments/Follow Up

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Name: _____ Phone #: _____

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Name: _____ Phone #: _____

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Name: _____ Phone #: _____

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Name: _____ Phone #: _____

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5 HOSTESS Coaching

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Name: _____

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5 Customer Care Calls

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Notes: _____

Name: _____

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Notes: _____

Name: _____

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Notes: _____

Name: _____

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Notes: _____

Name: _____

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Notes: _____

TODAY'S RESULTS

New Bookings: _____

Sales: _____

New Team Members: _____