

7 DAY RESET



GUT CLEANSE

*Better digestion. Flatter belly.
Less brain fog.*



RESET YOUR BODY



RENEW YOUR ENERGY



REFRESH YOUR MIND



LIVE CLEAN
COLLECTIVE
empowering wellness



READY TO RESET & RENEW?

*Whether you're preparing for a vacation, a special event or simply ready to reboot your wellness journey this **7 Day Reset** is your launchpad to vibrant health*

Here's what you can expect:

- ✓ A lighter, leaner body
- ✓ Curbs appetite and cravings
- ✓ Reduced bloating
- ✓ Improved gut health and better digestion
- ✓ Lowers stress and cortisol levels
- ✓ Hormone balance
- ✓ Improved blood sugar regulation
- ✓ Deeper, more restorative sleep
- ✓ Improved energy levels (no crashes)
- ✓ Reduced inflammation
- ✓ Brighter, healthier skin
- ✓ Clearer focus, less brain fog
- ✓ Improved moods
- ✓ Sustainable healthy habits

YOUR NUTRITIONAL SUPPORT



CO. LAB DAY & NIGHT DROPS (SNAPS)

Helps to balance hormones (cortisol, insulin, grehlin, leptin) for improved blood sugar levels, cravings, energy, sleep and metabolism throughout the day



ELITE

Powerful herbs and adaptogens to support energy, mental clarity, moods, stress, skin and immunity



TAHITIAN NONI

Super fruit high in iridoids and antioxidants to boost immune and cellular health, detoxify, support energy, gut health, digestion and reduce inflammation



GLICOTROL

Daily plant-based supplement rich in fibre designed to support healthy metabolism, digestive health, appetite control, blood sugar levels and gut support



PROBIOTIIX

A powerful 15-strain broad spectrum probiotic and prebiotic formulated to restore balance from the inside out, while supporting a healthier gut, skin and mind

YOUR 7 DAY RESET PROGRAM INCLUDES:

- ✓ Program overview
- ✓ 7 days of nutritional support
- ✓ Approved food list
- ✓ Meal ideas
- ✓ Results tracker
- ✓ Hints and Tips for long-term success
- ✓ Mentorship throughout the program

**NOT FEELING AT YOUR BEST? READY TO MAKE A CHANGE?
WHAT TO DO NEXT? CONTACT THE PERSON WHO SHARED THIS
WITH YOU TO GET STARTED**

**Request to join our
community
Facebook Group**



**NO CONFUSION. NO OVERWHELM.
JUST A SIMPLE PROGRAM THAT WORKS.**